

## Selecting the Right Color Tools

Just about any flashlight and photo lighting color gels will work in applying colored light to the meridian points of the body. These are just a few ideas so that you can get started...

This essential oil rack full of the 8 necessary colors is by far my favorite! Not only is it handy and ready to grab on an accessible wall, the 8 flashlights are durable, inexpensive, and use only one AA battery but are very bright. My grandkids demonstrated to me many times just how durable they are. Having a flashlight for each color will save time. Often, I can place 2 separate flashlights on 2 different acupoints at the same time, cutting treatment time in half. The 4 colors—red, green, blue, and violet—are color intensive. The remaining 4—orange, yellow, turquoise, and pink use filters that fit inside the end ring in the white light flashlight. They are available on Amazon at:



[https://www.amazon.com/gp/product/B08QMRXS9X/ref=ox\\_sc\\_saved\\_title\\_7?smid=A32K43E9PI2383&psc=1](https://www.amazon.com/gp/product/B08QMRXS9X/ref=ox_sc_saved_title_7?smid=A32K43E9PI2383&psc=1)



A keychain penlight that fits an over cap is even handier on-the-go. This penlight also has a red laser.

**The Mini Maglite 2AA combo pack \$20 with the needed ring to attach the 8 color filters.** 3 plastic color disks--blue, red, & clear--come with the outer ring that slips over the end of the flashlight. Lots of durability for minimal cost. Color the clear

disk with a yellow sharpie and you have 3 of the 8 colors. Then, cut out the 4 missing spectral colors (Orange, Turquoise, Green and Violet) from gel photo filters, and you have a complete light set. I have yet to work out a deal with Maglite to produce the 5 remaining plastic disks. Occasionally Maglite will sell the accessory pack with just the ring, 3 discs, strap, and pocket clip if you already have the mini-Maglite.



Maglite Mini combo set:

[https://www.amazon.com/gp/product/B0000AS1G5/ref=ox\\_sc\\_saved\\_image\\_4?smid=ATVPDKIKX0DER&psc=1](https://www.amazon.com/gp/product/B0000AS1G5/ref=ox_sc_saved_image_4?smid=ATVPDKIKX0DER&psc=1)

**Where can we get Gel Filters?** Amazon of course! Or any photographic store. They are used to correct lighting during photo shoots. I found the plastic gels instead of the old cellulose acetate gels don't dull the hole punches and they aren't so flimsy. Plus, some of the gel colors might not be exactly what you want. But I noticed with plastic gels you can layer 2 or 3 different colors to get exactly what you need. For example, if the orange didn't have enough red, just add a red layer to it. If green wasn't deep enough, add blue or yellow. The lighter blue when combined with the green will make a great turquoise. The old cellulose gels cannot be changed. There is a clear protective layer on both sides of the plastic gels so if one side gets scratched just peel it away. They are by far a much better choice than cellulose. Do be aware that placing the gels too close to an extra hot flashlight bulb will melt the filters. Check out the Amazon link for filters below:

[https://www.amazon.com/gp/product/B0771LTPFN/ref=ox\\_sc\\_act\\_title\\_2?smid=A3NG0AE5D59VBT&psc=1](https://www.amazon.com/gp/product/B0771LTPFN/ref=ox_sc_act_title_2?smid=A3NG0AE5D59VBT&psc=1)

**EK Tools Circle Punches are great...**Not all paper punches will cut through plastic Gel Filters.

[https://www.amazon.com/EK-tools-Circle-Punch-1-Inch/dp/B0090JVGFU/ref=rv\\_i\\_sccl\\_2/138-5609429-6530915?pd\\_rd\\_w=RlwBc&content-id=amzn1.sym.f5690a4d-f2bb-45d9-9d1b-736fee412437&pf\\_rd\\_p=f5690a4d-f2bb-45d9-9d1b-736fee412437&pf\\_rd\\_r=85TTDZK8Q0P0EYPWEAZ1&pd\\_rd\\_wq=iCLOk&pd\\_rd\\_r=46159f2b-9ac9-45e4-b72f-6ac27c8c2d60&pd\\_rd\\_i=B00C90WM14&th=1](https://www.amazon.com/EK-tools-Circle-Punch-1-Inch/dp/B0090JVGFU/ref=rv_i_sccl_2/138-5609429-6530915?pd_rd_w=RlwBc&content-id=amzn1.sym.f5690a4d-f2bb-45d9-9d1b-736fee412437&pf_rd_p=f5690a4d-f2bb-45d9-9d1b-736fee412437&pf_rd_r=85TTDZK8Q0P0EYPWEAZ1&pd_rd_wq=iCLOk&pd_rd_r=46159f2b-9ac9-45e4-b72f-6ac27c8c2d60&pd_rd_i=B00C90WM14&th=1)

You may need a multi-purpose leather punch tool set such as:

[https://www.amazon.com/gp/product/B09WKJWQJJ/ref=ox\\_sc\\_act\\_title\\_1?smid=A2I0FQREOKFI6R&psc=1](https://www.amazon.com/gp/product/B09WKJWQJJ/ref=ox_sc_act_title_1?smid=A2I0FQREOKFI6R&psc=1)

There are also a few more professional light tool sets already out there:



**PERLUX 117 \$650** This is my professional Colorpuncture set. I only use it for high-powered Cancer type treatments now. Although to purchase the Soul and Spirit colors you need to invest another \$500. The glass rods are very fragile and very expensive to replace. I can buy 4 sets of my favorite Waylshine flashlights for the price of 1 replacement glass rod so use them selectively.

<https://colorpuncture.org/products/light-tools/perlux-p117-light-pen/>

**CHROMOTHERAPY TORCH \$200** These are from an Australian company. The filters are made from an unbreakable PVC and the flashlight is fairly durable. Only the 7 basic colors are available for it.

<http://www.natures-energies.com/natural-therapies/colour-light-therapy-chromotherapy-resources-and-equipment>



**MOLIMED \$400** I'm a little skeptical of these electronic tools because if the unit goes out, you lose the whole color system but an advantage is you have the correct frequencies for each color.



**STREAMLIGHT Penlights \$15-25** I have quite a few of these Streamlite pens and they are durable, bright, and come in various colors. Some of the older ones use a 4A battery not as easily available. I would recommend getting an Infrared or Red and a UV Streamlite penlight to have on hand. To test whether an Infrared pen is on, shine it in your phone camera lens. You will see the flare from the light.



[https://www.amazon.com/Streamlight-65058-Stylus-3-AAA-Listed/dp/B000BYQ1AI/ref=sr\\_1\\_8?crd=2P4WL9BZ0FF0L&keywords=streamlight+penlight&qid=1685635498&sprefix=streamlight+penlights%2Caps%2C223&sr=8-8](https://www.amazon.com/Streamlight-65058-Stylus-3-AAA-Listed/dp/B000BYQ1AI/ref=sr_1_8?crd=2P4WL9BZ0FF0L&keywords=streamlight+penlight&qid=1685635498&sprefix=streamlight+penlights%2Caps%2C223&sr=8-8)

A Magnetic wand can be used to balance the meridians as described in [Sec 3](#) and is easily obtained on Amazon. [http://www.amazon.com/Green-Magnetic-Piece-Bingo-Markers/dp/B003JSTVRI/ref=sr\\_1\\_1?ie=UTF8&qid=1458598325&sr=8-1&keywords=bingo+wand+magnetic](http://www.amazon.com/Green-Magnetic-Piece-Bingo-Markers/dp/B003JSTVRI/ref=sr_1_1?ie=UTF8&qid=1458598325&sr=8-1&keywords=bingo+wand+magnetic)



So, you can see, there are some good color tools available out there depending upon how much you want to spend. Just remember though, they all do the same job of bringing colored light into the body cells to promote healing